

# Falls Prevention



## 50-75%

OF NURSING HOME RESIDENTS  
FALL ANNUALLY<sup>1</sup>

## 30%

OF RESIDENTS EXPERIENCE  
FALLS WITHIN THE FIRST 48  
HOURS OF ADMITTANCE<sup>2</sup>

## \$131k

AVERAGE SETTLEMENT  
COST OF A FALL-RELATED  
LAWSUIT<sup>3</sup>

## Steps You Can Take to Prevent Falls

Although not every fall is preventable, the good news is that many falls **can** be prevented and your facility can develop or enhance an already existing evidence-based falls prevention program for safety and patient health.

**An important part of falls prevention is the use of patient handling devices that meet your needs.** Over the years, Joerns Healthcare has led the industry with innovations designed to create the safest possible outcome for patients and nurses, and our comprehensive portfolio offers solutions for virtually all patient scenarios.



### I. Bed Frames and Support Surfaces

With approximately half of falls occurring around the bed<sup>4</sup>, your facility may want to evaluate bed frames with:

- Expanded width
- Electronic controls that position the bed at the patient's ideal ingress/egress height
- Ergonomically mounted side assist devices
- Low height sleep position

[Learn about Joerns' UltraCare® XT bed frames](#)

The right support surface can also be valuable in preventing falls. Consider mattresses with:

- Firm perimeters to assist with ingress/egress
- Raised perimeters that gently remind patients of the bed edges
- Comfortable surfaces to promote sleep and reduce restlessness

[Learn about Joerns' PrevaMatt® Series](#)

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## II. Patient Lifts

Patient lifts are the other half of an integrated falls prevention solution. They can safely support patients during:

- Transfers
- Repositioning
- Rehabilitation and gait training

[Learn about Joerns' Hoyer® lifts](#)



## III. Clinical Education

Clinical education is an indispensable part of a falls prevention program. We have credentialed clinicians available 24/7 and can provide hands-on education including:

- Full clinical implementation support
- Online and video education
- On-site local and regional educational programs
- Customized clinical decision making tools

[Learn about Joerns' clinical education](#)

Contact your Joerns Healthcare representative for tailored solutions designed to prevent falls and meet your facility's individualized needs. Call 800.826.0270 today.

1. Rubenstein LZ. Preventing falls in the nursing home. Journal of the American Medical Association 1997;278(7):595-6.
2. Rubenstein LZ, Josephson KR, Robbins AS. Falls in the nursing home. Annals of Internal Medicine 1994;121:442-51.
3. Long-Term Care Administration and Management: Effective Practices and ...By Darlene Yee-Melichar, EdD, Cristina Flores, PhD, RN, Edwin Cabigao, PhD, RN
4. Tideisaar 2008